



# Hale CE Primary School



## Physical Education (PE) Policy 2024-2025

Our vision is founded on Matthew 5: 14-16

### 'Be the Light'

*"You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven." (Matthew 5:14-16)*

### **Intent**

PE is instrumental in promoting health and wellbeing in young children. At Hale C of E Primary School, we believe that PE should promote development of key skills and participation in a variety of games, activities and sports. At our school, PE is used to give children an opportunity to work as a team, develop leadership skills and tactical awareness as well as fostering an enthusiasm for sport. We provide a safe and supportive environment for children to flourish in a range of different physical activities and encourage their physical, emotional, social and moral development. Competitions are used across school which allow children to compete individually and as part of a team, allowing the opportunity to develop communication and leadership skills. No child is left behind and all children are involved in competitions, giving them the opportunity to develop their resilience and showcase their talents. At Hale C of E Primary School, PE is delivered through a progressive unit of 6 lessons using Get Set 4 P.E scheme of work.

### **Implementation**

In conjunction with the progressive curriculum overview, Get Set 4 P.E scheme ensures that all teachers are equipped with the secure subject knowledge required to deliver modern, high-quality teaching and learning opportunities for all areas of the PE National Curriculum. Our PE curriculum is varied and all pupils experience high quality PE lessons each week. In addition to quality first teaching by staff members' children will be also be taught by specialist sports coaches, cricket instructors, swimming instructors and dance teachers. PE in each year group is sequenced precisely to ensure progression of knowledge and skills and also to ensure that children have the opportunity to experience a wide range of sports during their time in Primary Education. Children are given the opportunity to further develop their skills in after school clubs that focus on specific sports which are provided by teachers and external coaches. We have successfully integrated inter and intra sports competitions into the school year, which gives children the opportunity to showcase their skills and enjoy the competitive nature of the sports. In our school, we celebrate our competitions being inclusive and we ensure that all children are involved. All competitions are relevant to the children's learning throughout the year. Physical Education is fundamental in developing healthy lifestyles in young people and we are passionate about providing children with a wide range of opportunities to develop this. Break and lunch times are very important and we have well-staffed and equipped playgrounds to support children in being active, healthy, happy and ready to learn when they return to the classroom. The importance of sport and being physically active in school is continually encouraged by Sports Ambassadors, which have been



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appointed in every year 1 - 6. These children are responsible for auditing outdoor equipment, initiating ideas and activities, being a positive role model and encouraging all pupils to get involved in physical activity. This has allowed children to develop their leadership and communication skills.

### Impact

In our school, we motivate children to participate in a range of sports which are fun, engaging and help children to develop a range of skills. We encourage children to apply these skills and their knowledge during PE lessons, but we also provide children with the confidence to apply these skills to many different life experiences both now and in their future. We motivate children to take responsibility for their own health and wellbeing, inspiring children to lead a happy and healthy life. Children are assessed on their ability to perform key skills set out in the progression of skills document. Assessments are carried out throughout lessons and an overall assessment is then given at the end of each unit on Insight. Photographic evidence is collected during lessons using seesaw.